

Brilliant & Barefoot

The Truth About Developmental Milestones:

A New Earth Guide to Nurture Your Child's Bodily Freedom and Brilliance

Created by Alison-Lee: Elsberry

Dear Beautiful Nurturer,

It's easy to think that your child's health largely depends on what they are or aren't doing by a certain age or in a specific way.

Or that your "success" as a parent depends on their progress.

But neither are true.

That's why this Guide reveals how traditional developmental milestones impact your child's body and your consciousness as a parent, in ways you haven't explored or thought of – *until now*.

It helps you untangle from what you've been led to believe is true about your child's development and how to move beyond any misinformation and pre-conceived timelines that say when/how they should be walking, talking, reading, writing, tying shoelaces, etc.

All so that they're free to grow at their own pace and rhythm, like natural organic gardens that flourish with the right combination of nourishment.

Because most of what's written in books or found on child development apps, are no longer aligned with what the wise, brilliant Souls of the New Earth are showing us.

They're a whole new Human, connected into higher dimensions, which means your child has a unique way and timeframe of how they're destined to be in their body.

And they're calling forth changes in the ways they're nurtured, so they're free to be themselves and shine bright - just like the stars.



In This Guide *You'll Receive:*

A 13-page downloadable pdf, that includes easy reading and 6 Sacred audios (around 30 min each) that intimately explore:

- ❖ Your Child's Sacred Origins (includes a message of Grace from Mother Mary)
- ❖ The Truth About Developmental Milestones
- ❖ A specific Healing and Alignment Practice to help you gently energetically untangle from any programming about your child's developmental path
- ❖ Simple Solutions and Next Steps you can take right now to nurture yourself and your child's bodily freedom and health
- ❖ And a few other fun surprises!

The Guide isn't more intellectual learning that leaves you disconnected or overwhelmed.

It uniquely includes all aspects of your being, so you're deeply nourished in liberation and Love.

Each audio contains beautiful healing frequencies that include your body as part of the experience.

So you awaken to new levels of freedom and naturally expand the perception of how you see yourself and your child.



*This Guide is a beautiful preview into what [Brilliant & Barefoot](#) offers (a magical Soul-to-sole learning adventure that helps babies and children connect with their body and with nature).

Here's What You'll Discover:

- ❖ The Sacred origin and original template your child is born with and the beautiful partnership life always intends for their wild and precious Soul.
- ❖ What developmental milestones are, how/why they were created and how they impact your child - and your consciousness as a parent/nurturer.
- ❖ Why “ages and stages” are used in child development and what purpose they serve along your child’s health timeline.
- ❖ Your child’s core developmental needs and how to meet them with more ease and peace.
- ❖ The hidden link between specific milestones and “recommended” vaccines.
- ❖ A refreshing re-frame on child development that’ll have you seeing your child (and their body) in new Light.
- ❖ Ways to recognize when your child’s body communicates they’re not subscribing to traditional developmental timelines - and why this is a good thing!
- ❖ How to trust your child’s bodily wisdom, Soul gifts and authentic pace of growth, while navigating your own fears, worries and frustrations that may arise.
- ❖ Why the term “highly sensitive” is often used to describe children and what it really means about their conscious awareness.
- ❖ Learn about the new evolution of childhood development and what’s next for your brilliant ones – and future generations to come.
- ❖ Simple solutions and easy next steps you can take right now to empower yourself and your child’s health – including specific practices, tips and recommendations.



This Guide Is for You If:

- ❖ You're nurturing young children (0 to 10) or are a parent-to-be and are open to exploring a new way to empower the true developmental path of their Soul
- ❖ You're ready to do things differently and want your Family to flourish – free of systems and mainstream models that are no longer in alignment with your health
- ❖ You're committed to your own growth and expansion as a Soul and are open to taking an evolutionary leap in the way you see/relate to yourself and your child
- ❖ You're ready to nurture your child's intimate connection with their body so you can support that Sacred relationship to grow free of the world and its changes
- ❖ You know in your Heart that your child/children aren't "typical" or "normal", that they're here for a reason and you want to empower their unique expression/gifts
- ❖ You'd Love to experience more ease and joy in the relationship with your child

What You'll Experience:

- ❖ More confidence with meeting your child's unique needs, so they flourish in their body with the space and freedom they crave
- ❖ Guiding your child with lots more Love and less fear, worry and frustration
- ❖ A greater alignment to your Family's blueprint of health and well-being
- ❖ New insights about your child and their growth as a beautiful being of Light
- ❖ Honoring yourself & your child so you're both feeling seen, heard and respected
- ❖ More ease, peace and joy in the relationship with yourself and your child, more harmony and happiness in your Family, during these ever-changing times.

How to Receive the Guide

Receive All of This for \$55 USD

[Get Your Guide Here](#)

If you'd like to purchase multiple copies (more than 1) for gifts or as part of an organization or collective, please email for more details

Questions? Please send an email to: alison@embodied-brilliance.com

What Parents Are Saying About the Guide:

"I appreciated the experience of your Milestones Guide so very much. I've always known that using milestones for anything that bear weight on raising a child was ludicrous, but I didn't realize how much I am still tangled up in all of that on a subconscious level. Especially when it comes to things like sleep and I'm starting to realize potty training too. So thank you for this offering. It has already proven to be so helpful in calming my anxiety and no doubt calming my son down too."

Maya Rogers Sherman - www.mayarogersmusic.com

"This Guide has connected so many dots about my daughter's development!! It's mind blowing to realize how much traditional milestones impact my own mind as a parent, even though I consider myself "conscious". The healing practice was so helpful to untangle from mistruths that were hidden and I can now recognize when/how her body shows me that traditional ways don't work. We're both feeling more ease and peace."

Maryn M. – Mama to an amazing 3-year-old

A personal note from Alison



As Mother Mary says: *“Your child’s Soul has a Love story to tell, an essence to express, with a specific mission and destiny to experience.*

The freedom of their Soul rests in the ways their purity and innocence are recognized, nurtured and protected. And in the ways that their body is – or isn’t - being honored as Sacred.

How you care for your precious, pure and innocent one(s), is indicative of how ALL will flourish and thrive in the months and years to come.”

As a former pediatric occupational therapist, I saw how developmental milestones often left parents feeling overwhelmed, confused, freaked out and/or frustrated.

Wondering if something was “wrong” or “off” about their child, feeling concerned or consumed with their developmental progress.

What I learned though, is that there’s no right or wrong way for a child to be in their body or express who they are, no matter what any book, app, chat bot or person may say.

They’re here to evolve the relationship between their Soul and body, and that means there’s nothing “typical” about who they are or how they choose to be in their body.

That’s why this offering is different than any class, book or resource on child dev.

So you can support your child to stay aligned and connected with their True Self in form.

It’s a joy and honor to share this Guide with you and your Wise ones.

May it support your liberation and nourishment in new and Loving ways.

More About Alison



Alison Elsberry is the creator of *Embodied Brilliance* and *Brilliant & Barefoot*, and for the last 20+ years, has assisted babies and young children to flourish along their Soul's true developmental path with greater freedom and ease.

As a former pediatric occupational therapist and craniosacral therapist, and as a current student of pre and perinatal psychology, she's often lovingly referred to as a baby/child Soul whisperer, helping to bridge the gap of communication and consciousness between Mothers and this next generation of brilliant Souls.

With Mother Mary by her side, her online and in-person offerings nourish the Sacred relationship between babies/children and their Mothers.

All so they have more clarity, peace, presence and ease in how they connect to their bodies, to nature, the Divine – and each other.

She has supported thousands of children and Families world-wide through her unique offerings and nourishing experiences.

Learn more at www.embodied-brilliance.com